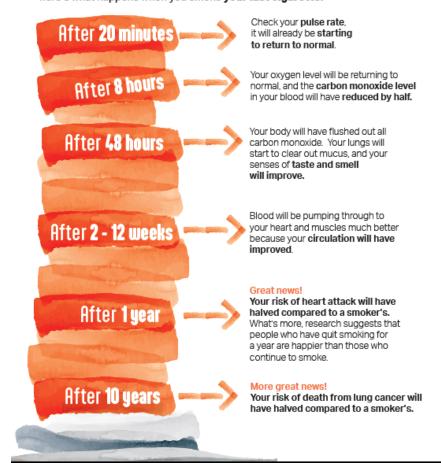


What happens when you quit smoking

Stopping smoking is the best thing you can do to improve your health, here's what happens when you smoke **your last cigarette:**



West Northants Stop Smoking Service

Phone: 0300 126 5700

Email: smokefree@westnorthants.gov.uk

